



National Institutes
of Health

Clinical Center



My child helps find cures at the NIH Clinical Center.

Healthy children play important roles in clinical research. Clinical research leads to new ways to prevent, diagnose, and treat disease. Parents, please consider becoming involved.

Chickenpox...Epilepsy...Leukemia

As a parent, you may have heard of these diseases. One thing that they all have in common is that they are treatable or preventable today thanks to clinical research. Advances in these illnesses and many other diseases are possible because of parents in the past deciding to allow their children to be in a clinical trial. But what about illnesses of today and future generations?

The Role of Healthy Children at the NIH Clinical Center

Researchers want to find ways to help children live longer, healthier lives. In addition to children who have a particular disease, researchers often need help from healthy children—those who do not currently

have the disease or illness being studied. Healthy children provide researchers with crucial data because their health information can be used as a comparison. In this way, researchers can learn more about a disease such as the way it progresses, how to treat it, and appropriate dosages for treatment. There are many different ways that children can help, depending on what research the doctors are conducting. As a parent, you can talk to your child and decide whether joining a clinical trial at the NIH Clinical Center is right for them. Consider joining us in our effort by learning more about clinical trials for healthy children at the NIH Clinical Center. To learn more about children and clinical research, visit:

<http://clinicalcenter.nih.gov/KidsInResearch>





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The best reasons for volunteering are all around you.

How Children Can Help Advance Medical Knowledge

Children participate in clinical research for many reasons – some to help themselves, some to help others, and some just want to be involved in engaging and exciting new research. Regardless of their primary reason for joining clinical trials, the result is clear – by participating in clinical research, children can help:

- Learn more about diseases and ways to prevent them
- Find out how research is conducted with children as healthy volunteers
- Understand the differences in children as they grow
- Help others—young and old—in the future
- Enhance their lives and become healthier adults

About Clinical Trials

Clinical trials, or clinical studies, are medical research studies in which people participate as research volunteers. There are some clinical trials that help researchers understand how a disease or disorder progresses through a person's life.

Clinical trials are also a means of developing treatments, medications, or new approaches for dealing with diseases and conditions.

There are strict rules for clinical trials, which are monitored by the National Institutes of Health and the U.S. Food and Drug Administration. To participate in a trial at the NIH Clinical Center, there must be a trial currently underway and you must meet the requirements for the trial to become a research volunteer.

The NIH Clinical Center is America's Clinical Research Hospital. Through clinical research, physicians and scientists translate laboratory discoveries into better treatments, therapies, and interventions to improve the nation's health.

Learn more about children and clinical research, visit:

<http://clinicalcenter.nih.gov/KidsInResearch>

Call: 301-496-4763

TTY: 866-411-1010

Email: KidsInResearch@cc.nih.gov

Se habla español.

Compensation may be available.

Learn more about the staff, facilities, and research at the NIH Clinical Center:

<http://clinicalcenter.nih.gov>

Call: 1-800-411-1222

TTY: 1-866-411-1010

Se habla español.

